



**Programm
Aug. 2022**



¹ unregelmäßig

	MO	DI	MI	DO	FR	SA	SO
08:30							
09:00							
09:30							
10:00							
10:30			yoga.55 10:00-11:30		Einzelunt. 10:30-12:00	YOGA-Samstag ¹ 10:30-17:00	YOGA-Sonntag ¹ 10:30-17:00
11:00				Einzelunt. 11:00-12:30			
11:30							
12:00							
12:30							
13:00							
16:00							
16:30							
17:00							
17:30							
18:00							
18:30			Anfänger Iyengar-Y. 18:00-19:30		Level I+II Iyengar-Y. 18:30-20:00		
19:00							
19:30							
20:00							
20:30		online + präsent Iyengar-Y. 20:00-21:30	Anfänger Iyengar-Y. 20:00-21:30		alle Level Iyengar-Y. 20:30-22:00		
21:00							
21:30							
22:00							