



**Programm
Aug. 2020**



¹ unregelmäßig

	MO	DI	MI	DO	FR	SA	SO
08:30							
09:00							
09:30							
10:00							
10:30							
11:00			yoga.55	yoga.55			
11:30			10:30-12:00	10:30-12:00			
12:00							
12:30							
13:00							
16:00							
16:30							
17:00							
17:30							
18:00							
18:30							
19:00		Anfänger		Level I			
19:30		Iyengar-Y.	Anfänger	Iyengar-Y.			
20:00		18:30-20:00	Iyengar-Y.	18:00-19:30			
20:30			19:00-20:30				
21:00		Anfänger		alle Level			
21:30		Iyengar-Y.		Iyengar-Y.			
22:00		20:30-22:00		20:00-21:30			
						YOGA-Samstag ¹	YOGA-Sonntag ¹
						10:30-17:00	10:30-17:00