



**Programm  
Jan. 2018**



<sup>1</sup> unregelmäßig

	MO	DI	MI	DO	FR	SA	SO
08:30							
09:00							
09:30							
10:00							
10:30							
11:00			yoga.55				
11:30			10:30-12:00				
12:00							
12:30							
13:00							
16:00							
16:30							
17:00							
17:30							
18:00							
18:30							
19:00		Anfänger		Level I			
19:30		Iyengar-Y.		Iyengar-Y.			
20:00		18:30-20:00		18:00-19:30			
20:30				Level 2			
21:00		Anfänger		Iyengar-Y.			
21:30		Iyengar-Y.		20:00-21:30			
22:00		20:30-22:00					
						YOGA-Samstag <sup>1</sup>	YOGA-Sonntag <sup>1</sup>
						10:30-16:00	10:30-16:00